



SCIENTIFIC PROGRAM

May 2-3, 2024 | Summit Hotel

9 CPD units

02
THU

REGISTRATION

7:00 am - 8:15 am

OPENING CEREMONY

8:15 am - 8:30 am | *Dr. Nelinda Catherine P. Pangilinan (Host)*

Opening Remarks: *Dr. Chicane M. Alvarina (MYC Over-all Chair)*

Course Overview: *Dr. Genevieve M. Ortega (Chair, Scientific Committee)*

03
FRI

Morning Session

Chair: *Dr. Nelinda Catherine P. Pangilinan*
Co-Chair: *Dr. Maria Carlyn R. De Vera*

Chair: *Dr. Maria Ramona Sia-Sumabat*
Co-Chair: *Dr. April Anne B. Paiso*

**Nurture Your Reproductive Potential:
Lifestyle and Interventions for Better Fertility**
Dr. Maria Victoria R. Tan

8:30-9:20 AM

**Skin Care in the Mature Woman:
Beating the Odds in Menopause**
Dr. Eileen Liesl Abesamis-Cubillan

**Snack Symposium
Concern and Challenges in COC Use**
Dr. Agnes L. Soriano-Estrella

9:20-9:40 AM

**Snack Symposium
Breaking the Barriers to Iron Supplementation**
Dr. Ditas Cristina D. Decena

**Grow Your Fortune: Coming Full Circle
with Financial Literacy**
Mr. Melvin J. Esteban

9:40-10:30 AM

**New Kid on the Block: HIFU
Get the Latest in Gynecological Care**
Dr. Sandee G. Go

**Snack Symposium
Empowering Women: How to Choose and Use
the Correct Iron and Calcium Supplements**
Dr. Agnes L. Soriano-Estrella, Dr. Joseph U. Olivar

10:30-10:50 AM

**Snack Symposium
Combined Tranexamic Acid and
Mefenamic Acid in the Management
of Abnormal Uterine Bleeding**
Dr. Jericho Thaddeus P. Luna

**Functionality of Selected BEmONC Rural Health
Units in Eastern Visayas**
Dr. Maria Stephanie Fay Samadan-Cagayan

10:50-11:00 AM

**Lunch Symposium
Role of Progesterone in Early Pregnancy**
Dr. Angela G. Sison-Aguilar

**Lunch Symposium
DHA and EPA Tandem Micronutrients
on the First 270 days of Life**
Dr. Raul M. Quillamor

11:00-11:50 AM

Afternoon Session

1:00 - 1:20 PM

**Snack Symposium
The A-B-C+ Benefits of DRSP-containing COC**
Dr. Maria Virginia M. Santos-Abalos

